



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the island intranet under "Information" and on the installation website at www.ria.army.mil under "About USAG-RIA" and then "News" and "Local News."

Island Insight Submission: http://www.ria.army.mil/sites/IslandAnn/announcement.cfm

Sections:

- Arsenal Traffic/Construction
- Building/Space Closures
- Active Duty/Reserve Zone
- Safety Spotlight
- Equal Opportunity Focus
- Morale, Welfare & Recreation (MWR)

Bill Cuts Fed Workforce By 10

Percent: Three Republican House lawmakers want to codify the deficit commission's recommendations to cut the federal workforce by 10 percent. Reps. Darrell Issa (R-Calif.), Dennis Ross (R-Fla.) and Jason Chaffetz (R-Utah) today introduced the Reducing the Size of the Federal Government Through Attrition Act of 2011 (H.R. 2114). Issa, who is chairman of the Oversight and Government Reform

- MWR Leisure Travel Office
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Committee; Ross, who is chairman of the subcommittee on the Federal Workforce, the Postal Service and Labor Policy; and Chaffetz, who is chairman of the subcommittee on National Security, Homeland Defense and Foreign Operations, have been among the most outspoken members questioning the size and pay of federal workers. Ross's subcommittee has held four hearings since March on federal worker issues, including one on May 26

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asking what is the right size of the federal workforce. "In 1996, Bill Clinton declared the era of big government to be over," Issa said in a release.
"From January 1994 to December 2000, the administration and Republicans in Congress worked together to reduce the size of the federal workforce by 381,000. Because of explosive growth in





<u>Island</u> Insight

the federal workforce in this administration, these accomplishments have been erased. This bill will help us reverse the growth curve." (More)

AFGE - Congressional Town Hall:

American Federation of Government Employees locals 15/2119, will be

holding/hosting an open question and answer session on **June 7 at 3**

p.m. with Congressional leaders and AFGE President John Gage in the cafeteria of Bldg. 60. Armed Services Committee

members Rep. Bobby Schilling (R-IL-17) & Rep. Dave Loebsack (D-IA-2), as well as various Congressional staffers will be in attendance. Rep. Bruce Braley (D-IA-1) has also been invited. AFGE national president John Gage and AFGE district vice presidents Dorothy James (District 7) and Jane Nygarrd (District 8) will also be in attendance. All federal government employees are encouraged to attend and ask questions from our Congressman, regarding potential job losses, pay and step increase freezes, and increased cost to our medical coverage and changes in our retirement. Questions should be limited to our

employment as federal employees.

(AFGE Local 15 on Social Media) (Event on FB)

<u>Safety Awareness Day</u>: To better promote Safety Awareness among our Soldiers, civilians and families, the

Rock Island Arsenal Employee Assistance Program and the Garrison Safety Office are hosting a "Safety Awareness Day" on Wednesday,



IS NO ACCIDENT

June 8, 10 a.m. – 1

p.m., in Heritage Hall, Bldg. 60. Please join us for safety information dealing with motorcycles, boats, automobiles, holiday celebrations, house fires and various other summer safety activities. All are welcome. For more information call (309) 782-1380.

Learn About the River's Nine-Foot

Channel: Learn about the history of the

9-foot navigation channel in the Mississippi River from Scott Pettis, U.S. Army Corps of Engineers, Rock



Island District, at this Lunch & Learn program presented by the Colonel

Upcoming Dates

June 4-12: National Fishing & Boating Week 4
June 4-12: National River Clean Up Week 4
June 5-11: Preventing Overexertion Week 4
June 5-11: Great Outdoors Week 4
June 5-11: National Tire Safety Week 4
June 5-11: National Pet Appreciation Week 4
June 5-11: National Sun Safety Week 4
June 6: 67 th Anniversary of D-Day (Invasion of
Normandy) <u>1</u>
June 10-13: Illinois Free Fishing Weekend 🖰
June 11: National Get Outdoors Day <u>1</u>
June 11: National Marina Day 🖰
June 12: 236 th U.S. Merchant Marines Birthday <u>12</u> :
June 12-16: National History Day 4
June 12-18: Teen Driving Safety Week 4
June 13-19: National Men's Health Week 🖰
June 14: 236 th U.S. Army Birthday <u>1</u>
<u>June 14</u> : Flag Day <u>⁴</u>
<u>June 14</u> : World Blood Donor Day <u>⁴</u>
June 16: 236 th U.S. Army Corps of Engineers
Birthday <u>1</u>
<u>June 16-22</u> : Quad City Navy Week <u>⁴</u>
June 16-23: National Nursing Assistants Week 1 June 17: Bunker Hill Day, 236th Anniversary of the
June 17 : Bunker Hill Day, 236 th Anniversary of the
Battle of Bunker Hill 4
<u>June 19</u> : Father's Day <u>⁴</u>
<u>June 19</u> : Juneteenth <u>⁴</u>
June 19: 5 th Anniversary of Army Civilian Corps <u>4</u>
June 19-25: Lightning Safety Awareness Week 🖰
June 19-25: Preventing Slips, Trips and Falls
Week <u>*</u>
<u>June 21</u> : First Day of Summer (Summer Solstice)
June 21: National Daylight Appreciation Day 👲
June 21: National Summer Learning Day 👲
<u>June 23</u> : National Olympic Day <u>⁴</u>
June 25: Great American Backyard Campout 4
June 26-30: On the Road, Off the Phone Week 🖰
June 26-July 2: National Mosquito Control

Awareness Week ூ



Davenport Historical Foundation (CDHF) on Tuesday, **June 7**, at 12 p.m., at the Arsenal Island Golf Course. (More)

Quad-Cities Navy Week Among Navy's Top 2011 Outreach Events:

The 2011 Quad-Cities Navy Week, scheduled for **June 16-22**, is among the

top events on the Navy's 2011 Calendar for America. Navy Weeks show Americans the

Americans the investment they have made in their Navy by providing an opportunity to meet sailors face-to-face and learn about the Navy's mission and broad-ranging capabilities through community engagements and outreach events. Quad-Cities Navy Week will include sailors from the USS The Sullivans; Navy Band musical performances; admirals and other senior Navy leaders who will meet local corporate, civic, government and education leaders; Navy diver demonstrations in local aquariums; Navy simulators and other interactive displays; visits to area schools; community service projects and events with local sports franchises; and a performance by the Navy Flight

Demonstration Squadron, the Blue Angels. (More)

Bill to Ban Official Union Activities During Work Hours: House

Republicans want to ban federal employees from engaging

in official union activities while on duty, saying socalled "official time" is a bad deal for taxpayers. The Office of

Personnel Management

said employees spent nearly 3 million hours on union activities during fiscal 2009 at a cost of more than \$129 million. "Can we afford such charity given the fiscal problems facing our country?" Ross said. He and Rep. Phil Gingrey, R-Ga., are co-sponsoring HR 122, which would eliminate all official time. (More)

Bill Would Prohibit Automatic Deduction of Union Dues: A House

lawmaker last week introduced a bill that would prohibit the automatic deduction of union dues from the paychecks of federal employees. According to the sponsor of the Empower Employees Act, Rep. Tim Scott (R-S.C.), the prohibition "would increase employees' freedom by allowing them to choose to pay union





dues rather than having them taken out of employees' paychecks before the workers even see the money." (More)

FLTCIP Open Season: (FLTCIP)

Federal Long Term Care Insurance

Program Open Season:

April 4 - June 24.

To apply during FLTCIP Open Season please visit the Apply section of FLTCIP's website to download or complete online FLTCIP Open Season application. 1 (800) LTC-FEDS (582-3337) TTY: 1 (800) 843-3557

Newcomers' Orientation Tour: Do you know...? The answers to these questions and others are answered on the Newcomers' Orientation Tour. (That's right, it is a tour again.) Plus you get to know more about Garrison programs and facilities that make your time here more enjoyable. Held monthly on the fourth Thursday, except November and December. You will be introduced to "The Rock" and take a walking tour of Kingsbury Manufacturing Center (also

known as Joint Manufacturing and

Technology Center). The orientation is

open to all military, civilians, contractors and military Family members. Duty time is not automatically authorized, so please check with your supervisor. Seating is limited so register online. For questions, call (309) 782-0829.

Blood Drive: The Mississippi Valley

Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on



Friday, June 10, 10 a.m. - 12 p.m. If you would like to donate at this blood drive, feel free to email SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A 3rd shift blood drive will be held in the Cafeteria (Bldg. 210) beginning at 2:15 a.m. on July 8. To sign up for a blood drive held on either the 2nd or 3rd shift, donors should contact their shift supervisor.



The Truth About Donating Blood! Excuse: Plenty of people donate, they don't need my blood. Truth: The fact is that plenty of people don't donate. Every two seconds, someone in the U.S. needs blood. *Unfortunately, of the 38 percent* of the U.S. population that is eligible to donate blood, less than 10 percent do annually.

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information see:

www.cpol.army.mil/library/permiss/501 2b.html

Calling All Golfers – TACOM's Last

Golf Playday: Open to all Island Employees and their guests. Friday,

June 17, 8 a.m. shot gun start, 7:30 a.m. arrival, at the Arsenal Island Golf Course. Cost is \$60/person and includes 18 holes of golf, cart, and lunch at 1 p.m. in the Arsenal Island Golf Course clubhouse, \$10 Mulligans/team available at registration. The format is four-person preferred ball. Fun events will be mixed in with the golf — you don't have to be a good golfer to participate. Please join and help TACOM employees enjoy a day of fun in the sun. To register use one of the following contacts: email or (309) 782-0712/6023/1997. Deadline for sign up is **June 3**. (Flyer and registration)



Rock Island Arsenal Celebrates the 236th Army Birthday: The Army Birthday Ball will be held on Friday,

June 17, at 5:30 p.m., at the Quad Cities Waterfront Event Center in Bettendorf. The



Rock Island Arsenal community and the general public are invited to attend. Maj. Gen Yves Fontaine, commanding general of the Army Sustainment Command, will host the annual Army Birthday Ball. Tickets are \$50 per person for the general public; \$38 per person for Active Duty E6/GS-7/WG-5/NF2 and below; \$25 per person for E5/GS-5 and below. To purchase tickets or for general information, please contact the ASC protocol office at (309) 782-2410. RSVP no later than **June 8**. Since its establishment on June 14. 1775, the United States Army has played a vital role in the growth and development of our nation. The Army Birthday Ball is designed to honor the proud history and heritage of America's Army and to celebrate the Army's 236th birthday.

Attic Thrift Shop: The Attic Thrift Shop is now currently closed. We will

have our 2011-2012 Season Grand Opening on Tuesday, July 12, 9 a.m. - 3 p.m. Back by popular demand will be fresh popcorn. See you in July. POC: (309) 782-6977.

Wreath Laying - Hero Street
Monument During Navy Week: The

United States Navy cordially invites you

to attend a wreath laying ceremony commemorating the service of our veterans from all military branches at the <u>Hero Street Monument</u> in Silvis, Ill., Sunday,



June 19, at Noon. Quad Cities Navy Week celebration 2011 gives area residents an opportunity to meet some of the Navy's Sailors and learn about the Navy's mission and its broad-ranging capabilities. For more information on the 2011 Quad Cities Navy Week, you are invited to visit our website.

Save the Date: 10th Annual Women In Defense Golf Outing Friday, Aug. 5, at Glynns Creek Golf Course. Shotgun Tee



Time 8 a.m. For more information call Brenda Hanes at (309) 794-0115

Annual Red Cross Golf Outing at

TPC Deere Run: Mark your calendars now for this premier golf fundraiser in the Quad Cities. For information & registration, go to www.qcredcross.org or contact Kasey at (309) 277-4027 (kellykas@usa.redcross.org)

Date: Monday, Sept. 19

Time: 1 p.m.

10% Yankee Candle Military/Arsenal

<u>Discount</u>: Yankee Candle at Northpark Mall is offering a 10 percent discount on all purchases to military & Arsenal Island personnel **May 9 - June 7**. Show your ID at time of purchase. Plus: "like" Northpark Mall (IA) on Facebook & you will find a BOGO free coupon in their images.

5th **Avenue Café Discount**: The 5th Avenue Café is offering a 10 percent discount for all Arsenal Island military and government workers. The 5th Avenue Café is located at Heritage Place, Downtown Moline, at 1515 5th Ave. They're open Monday-Friday, 7 a.m. – 2 p.m. (More)

Arsenal Traffe/Construction



Partial Closure of R.I. Viaduct: There will be a one lane closure of the R.I. Viaduct beginning June 13. The one lane closure is due to concrete repair to the curb and sidewalk surfaces of the bridge structure. Work will be from the hours of 8 a.m. – 2:30 p.m. The project will last from six to eight week, weather permitting. Flagmen and traffic control will be provided. POC:

randall.l.brockhouse.civ@mail.mil, (309) 782-2440.

Partial Lane Closure of Fort Armstrong Ave and Rock Island Drive and Complete Closure of Bike

<u>Path</u>: Since May 2, the intersection at Ft. Armstrong Ave. and Rock Island Dr. began a one lane closure until further notice. The lane closure is 8 a.m. – 2:30 p.m. each day. Also since May 2, the bike path was temporarily closed.

Building/Space Closures

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Bldg. 350 Restroom Closure: The women's restroom (350-6-2) located in Bldg. 350, is scheduled for closure during June 14-17. The closure is necessary to perform painting of the room. POC:

marsha.k.marcellus.civ@mail.mil, (309) 782-0361

Bldg. 56 Restroom Closure: The women's restroom (56-2-2) located in Bldg. 56, is scheduled for closure during June 21-24. The closure is necessary to perform painting of the room. POC: marsha.k.marcellus.civ@mail.mil, (309) 782-0361

Bldg. 390 Restroom Renovations: As part of the restroom renovation project in Bldg. 390, the 2nd floor restrooms closed May 17. The 3rd floor restrooms have been completed and opened simultaneously. It is anticipated the 2nd floor restrooms will be ready for use on or about **June 17**.

Bldg. 104 Exterior Stair Closure: On

April 13, construction began on the replacement of the southeast exterior stairs of Bldg. 104. The exterior stairs closed entirely and use of alternative stairs for entry into the building is required. The construction will take approximately two months depending on the weather. The contractor is using heavy equipment, so please use caution when in the area. POC:

joseph.e.gumpert@us.army.mil, (309) 782-1389

Active Duty/Reserve Zone

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repeal. (More)

Army Launches New 'Don't Ask, Don't Tell' Repeal Website: In preparation of the repeal of the "Don't Ask, Don't Tell" policy, the Army has launched a new website to provide servicemembers and their families the most up-to-date information about the change. The website features current news articles, key facts, frequently asked questions and additional resources. It is just one of the many training resources the Army implemented to educate the force and minimize misconceptions about the

Decisions With Troops: Defense
Secretary Robert M. Gates today
discussed the upcoming drawdown in
Afghanistan with troops doing the heavy
lifting in the country. The secretary
thanked soldiers of the 4th Infantry
Division's 1st Brigade here for their
service in and around Kandahar, noting
that 16 of the brigade's soldiers have
made the supreme sacrifice in the unit's
year-long deployment and more than
200 have been wounded. (More)



Chiropractic Care for Disabled

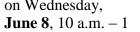
<u>Veterans</u>: Palmer College of Chiropractic also treats any disabled veteran and there family with a disability rating of 20 percent or more, free of charge. Services include exams, x-rays and adjustments. The college has two locations, Davenport (563) 884-5801 and Moline (309) 764-4901. Copy of disability rating is all that is required. Time: **8:30 a. m. - 6 p.m.**

Safety Spotlight

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<u>Safety Awareness Day</u>: To better promote Safety Awareness among our Soldiers, civilians and families, the

Rock Island Arsenal Employee Assistance Program and the Garrison Safety Office are hosting a "Safety Awareness Day" on Wednesday,



p.m., in Heritage Hall, Bldg. 60. Please join us for safety information dealing with motorcycles, boats, automobiles, holiday celebrations, house fires and various other summer safety activities.

IS NO ACCIDENT

All are welcome. For more information call (309) 782-1380.

Break the Grip of the Rip! Rip Current Awareness Week, June 5-11:

Rock Island Arsenal, NOAA, the National Sea Grant Program, the United States Lifesaving Association, and the National Park Service want you to have a safe and enjoyable time at the beach or seashore. In an effort to heighten public awareness of rip currents at surf beaches, each year NOAA designates the first full week of June as national Rip Current Awareness Week, coinciding with the traditional start of the summer vacation season. Rip currents are strong narrow currents moving away from shore. The strongest rip currents can attain speeds reaching 8feet-per-second; this is faster than an Olympic swimmer can sprint. On average, more people die every year from rip currents than from shark attacks. According to the United States Lifesaving Association, 80 percent of surf beach rescues are attributed to rip currents, and more than 100 people die annually from drowning in rip currents. (Rip Current Safety)

Motorcycle Class Registration Now On-Line: The U.S. Army Installation Command Registration system (AIRs) is

a web-based scheduler and tracking tool for the Army Traffic Safety Training Program. AIRs allows military and civilian personnel to electronically register for traffic safety courses (Motorcycle Safety Classes and Intermediate Driver Training Classes) conducted at IMCOM garrisons. ➤ The two-day Basic Rider Motorcycle Course is scheduled for June 28 and 29; the one-day Experienced Rider Motorcycle Course is scheduled for June 30, and Aug. 10 or 11; two sessions of the Intermediate Driver Training Course are scheduled for Aug. 9. (More)

Equal Opportunity Focus

Prevention of Sexual Harassment Training (POSH) for New Hires:

Prevention of Sexual Harassment
Training will be offered by the Garrison
EEO Office for new hires. The location
will be the Blackhawk Conf. Room,
Bldg. 108, 3rd Floor, new hires at 8:30
a.m. on the following days: **July 12, and Oct. 11**. To sign up for this mandatory
training, please register through <u>TEDs</u>;
key word: "posh for new hires." POC for
POSH training (or to receive special
accommodations) is



mary.gale@us.army.mil at (309) 782-5024.

Morale, Welfare & Regreation MWR

Morale, Welfare & Recreation

(MWR): Visit the MWR website at www.riamwr.com for information on all MWR programs. Also click here to become a fan on Facebook and stay up to date on all the great MWR offerings here at the Arsenal.

Mark Your Calendars – Arsenal MWR Employee Appreciation Day:

Arsenal Island's Family and Morale, Welfare and Recreation

Employee
Appreciation Day
is scheduled for
July 21, 10:30 a.m.
- 4 p.m. (official

ceremony will be
held at 11 a.m. at the
main stage). This year's theme is
"Working Together to Make a
Difference." The event is open to all
military personnel, civilians, contractors,
retirees, and their family members.
Please plan to attend and enjoy a variety
of food, games, sporting events, adult
tricycle races, and great entertainment;

and best of all the camaraderie. Music will be performed by "The Spirit of the USO Band" from Chicago. Please plan to attend and enjoy a variety of food, games, and a variety of great entertainment; but best of all camaraderie. Any Arsenal Island organization wanting to set up a static display and have logistical requirements, please call (309) 782-1230. Contractor personnel are reminded that it is their responsibility to make arrangements with their contractor supervisor/employer for appropriate leave or other status which does not conflict with their employer's contract obligations. Federal personnel cannot grant or authorize leave for contractor employees. Also, contractors are reminded that attendance by their employees at the event is not time or performance which is compensable under the contract. (More)

No Factory Tour at This Year's FMWR Employee Appreciation Day

<u>Picnic</u>: Due to other opportunities to tour the factory the tours of the factory will not be offered this year at the annual Employee Appreciation Day Picnic on **July 21**. Tours will be offered at JMTC's Industry Day on **Aug. 4**. Please call (309) 782-5759 for more information.

Racquetball Court Locker Room

Renovation: The renovations to the racquetball court locker rooms are now complete. Stop into Bldg. 351 and see our newly remodeled locker rooms and pop in to see all the great offerings at the Auto Skills Shop while you're there (it's in the same building). Reservations for the racquetball courts can be made by calling the Fitness Center at (309) 782-5124.

2011 U.S. Army Soldier Show: The

U.S. Army Soldier Show, presented by

Family and MWR, returns with a 90 minute live musical performance. See talented Soldiers explore music genres and cultures from around the world. Don't miss this memorable night



of music, dance and celebration on **June 28**, 7 p.m., Adler Theatre, Davenport. Admission to the show is free on a first-come, first-seated basis. Visit the <u>Army Entertainment website</u> for information; or call (309) 782-1230; linda.s.rice.naf@mail.mil.



2011 Army Arts & Crafts Contest:

The 2011 Arts and Crafts contest began May 1. Calling all artists ... submit your original artwork in a variety of categories including: ceramics, drawings, wood, digital art (new category), fibers and textiles, water base painting, glass, oil base painting, metals and jewelry, mixed media - 2D and/or mixed media - 3D for a chance at Armywide fame. For information and guidelines visit the Army MWR website on the Arts and Crafts page or call (309) 782-1230.

Arsenal Island Golf Course

Clubhouse B3 Deal: The B3 Deal at the Golf Course/Clubhouse Golf season is here and if you need to hit the driving range and find your swing again do we have a deal for you. Purchase the B3 deal at either the Golf Shop or the restaurant/bar and you'll get a basket of balls, a burger basket, and a beer for just \$10. That's a 20 percent savings. Call (309) 793-1604 for more info. (Flyer)

Change to the Process for Submitting Messages to the Outdoor Electronic Marquees: Effective immediately, requests should now be made by visiting www.riamwr.com and clicking on the Electronic Marquee Info link on the

right side of the page. Due to the loss of public folders we will not have access to the ROCK-SIGN e-mail address so any requests sent here will not be received. For more info please call (309) 782-1183.

MWR Leisure Travel Office

Office Hours: Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890,

anna.winters@us.army.mil. http://riamwr.com/BusPgms/special.htm

Free River Bandits tickets for

Military: Operation Military Kids & Modern Woodmen of America invite you to the ball park to watch the Bandits take on the Lansing Lugnuts at 7 p.m. at Modern Woodmen Park. For more info call (309) 782-0829. (Flyer)

Date: Tuesday, June 7

Time: **7 p.m.**

Leisure Travel Distribution List:

Due to the recent email migration we have lost a lot of people who were on the list. If you would like to sign up again please send an email to anna.m.winters.naf@mail.mil or give the office a call at (309) 782-5890.

Outdoor Recreation Maquoketa River

Canoe Outing: Join Outdoor Recreation for a fun day of canoeing on the Maquoketa River. This year's trip will start at Canton, Iowa and end at the Royertown Bridge. Cost is \$40 per canoe or \$13 per inner tube. Sign up at the Leisure Travel Office or call (309) 782-8630 for more information. (Flyer)

Date: Saturday, June 18 Time: 9 a.m. - 3 p.m.

New Outdoor Recreation Checkout/In

<u>Procedure</u>: To better serve our patrons, customers may now drive directly onto the back dock to pick up or return items. During the summer months the front door will not be used. For further information please call (309) 782-8630.

Entrance to Outdoor Recreation Moved to the Back of the Building:

For your convenience and to expedite the check-out process, the entrance/check-out desk for Outdoor Recreation has moved to the back of the building on the loading dock. Please call (309) 782-8630 with any questions or to reserve items. A list of items available to check out can be found HERE.



If You Give A Mouse A Cookie: When a boy shares his snack with a hungry, demanding mouse, he learns a hilarious lesson about cause-and-effect. This adorable children's play is based on the popular children's book. Show-only, concessions will be available prior to show.

Date: Saturday, July 16

Time: 10 a.m.

White Sox vs. Red Sox:

The Chicago White Sox take on the Boston Red Sox. One of this seasons popular game. Seats are \$91. Price includes transportation and ticket to game. On sale now.



Date: Saturday, July 30

Time: 6:10 p.m.

Cardinals vs. Cubs: Seats on sale for \$99 for the Cards vs. Cubs bus trip on Saturday, Sept. 24. This game will be at Busch Stadium. Departure time is 5:30 a.m. from Col Davenport pavilion area. Six seats per customer, no seats will be put on hold. No alcohol allowed on bus.

<u>Cruises</u>: Have you been dreaming of taking a well deserved vacation or Cruise? Not sure where to begin? Call the Leisure Travel Office and set up an appointment and let's talk.

Mt. Olympus Water & Theme Park:

Lose yourself in an ancient world as you brave four thrilling lands. Thirty-seven steep and slippery slides. Six hairraising roller coasters and eight curve-hugging go-kart tracks. Wrist bands available for the 2011 season (**May 28** – **Sept. 5**) Discounted price is \$25. A savings of \$14.99.

Quad City Stallions: The Quad City Stallions are in their third season this year. A member of the Midwest Football Alliance Games run from May thru July. The Quad City Stallions is a semi-pro football team in the Midland Football League. Season Pass is \$20 single game tickets \$5 and kids under 12 are free.

Danube Group Cruise: From the splendor of Prague to the Gypsy violins of Budapest, you'll treasure every moment of this memorable Danube River cruise. Enjoy guided sightseeing. Experience the music, art, culture and historical sites. More than \$1,000 savings per person when booked

through Leisure Travel Office. Contact LTO to schedule an appointment for this cruise offer.

Date: Friday, Oct. 21

QC River Bandits: Discounted box seat tickets available for all home games. All tickets are \$8. Enjoy Thirsty Thursdays and Firework Fridays.

Circa 21 Presents – Hairspray: Take a trip back to 1962 with Tracy Turnblad, a big girl with big dreams and even bigger hair. This Tony Award-winning musical is filled with laughter, romance, dancing, unforgettable tunes, and is a joyous tribute to the 60s Seats on sale until July 7 at a discounted \$43.50.

Date: Saturday, July 16 Time: 5:45 p.m.

Hotels & Attraction Tickets: Check out Leisure Travel at www.riamwr.com to see what we have to offer for discounted attractions and hotels.

July Downtown/Loop Shopping Trip:

Join us for a day of shopping in downtown Chicago. Here you'll find department stores such as Bloomingdale's, Lord & Taylor and Nordstrom, Crate & Barrel and Pottery Barn, jewelers such as Tiffany and Van Cleef & Arpels, big name boutiques and



indoor shopping malls, such as Water Tower Place. \$39 per person.

Date: Saturday, July 16

Time: **6:30 a.m.**

Taste of Chicago Bus Trip: The Taste of Chicago is the world's largest food festival, held annually. Every year, millions of Chicagoans and tourists from around the world flock to Grant Park to enjoy the variety of food prepared by Chicago's most popular restaurants. (Flyer)

Date: Saturday, June 25

Time: 6:30 a.m.

Six Flags Great America: Visit this amazing theme park with awesome rides, great shows, and incredible attractions, plus Hurricane Harbor. Discounted admission tickets available for the 2011 season. Tickets are \$36 for Adult/Child.

<u>Pavilions</u>: Planning a graduation party, family reunion or special event? Need an outside shelter? Leisure Travel can help. We rent Memorial Field, Sports Complex and Col. Davenport Pavilion. Stop by the office or give us a call for more information.

Child, Youth & School Services

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British Soccer Camp: Child, Youth & School Services is proud to once again host Challenger Sports' British Soccer Camp July 11-15. This camp is open to all children (not restricted to children of Arsenal employees) ages 4-16. All participants receive a free t-shirt and soccer ball with registration. Register online at www.challengersports.com or call (309) 782-7544 for more info. (Flyer)

Lead the Way: SKIESUnlimited is offering Lead the Way summer sessions in June and July. All sessions are held for three days from 9 a.m. - 2:45 p.m. Extended afternoons are an option. Registered patrons may enroll at www.riamwr.com/cys or call (309) 782-0791 to schedule registration. Please call SKIESUnlimited at (309) 782-5969 with any questions.

Date: Tuesday, June 14

Army Community Service (ACS)

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ACS is located in Bldg. 110, 1st floor SE; Visit



our ACS website or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook click here. 24/7 Sexual Assault Hotline: (309) 229-8412

Adaptive, Inclusive Recreation: The Davenport Parks and Recreation
Department has a recreational program designed for persons with special needs. The Adaptive and Inclusive Recreation program provides structured social settings that offer classes in several topics such as sports & fitness, life skills, art, and special events.
Registration is required and class sizes are limited. You can find out more information about the programs offered by the Adaptive and Inclusive Recreation Department at http://recpro.ci.davenport.ia.us. (More)

AER Exceeds Fundraising Goal of

<u>\$65K</u>: Thank you to all of the donors, and especially the organizations' Key Persons, for their efforts on behalf of this year's Army Emergency Relief Fundraising Campaign. As of early June, more than \$65,300 has been donated which exceeds our \$65K goal. The monies will be used for grants and scholarships.



Special Needs Informational Forum:

Network, Network, Network! Join our group to share what you know and learn from others about special needs community resources such as recreational and cultural programs, enrichment activities, summer camps, and much more. Free snack dinner for attendees. Please RSVP to (309) 782-4736/6515 or jan.saito@us.army.mil.

Date: June 9

Time: 5:30-7:30 p.m.

Employee Assistance Program

Employee Assistance Program: For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are 7 a.m. – 4:30 p.m. Monday through Friday. For additional information on the Employee Assistance Program, go to www.riamwr.com or Facebook.

Anonymous Online Mental Health
Screening -- June 2011: Man, what are
you drinking? Or more importantly, how
much? If you are like many men, you
may drink alcohol occasionally. Or, like
others, you may drink moderate amounts
of alcohol on a regular basis. But did

you know that drinking more than the moderate levels -even occasionally- may put you at risk for serious health problems? (More)

Save A Life Tour – High Impact Alcohol Awareness Program Coming to RIA and JMTC: Rock Island

Arsenal has chosen to do something

about a problem that kills or injures more than 500,000 people each year ... drinking and driving. RIA will be hosting the National Save A Life Tour which travels around the U.S. to spread its



vital message. This six hour high impact media event features "no holds barred" video presentations coupled with multimillion dollar features and offers a drinking and driving simulation experience like nothing you have ever seen or experienced. Come join us on **June 8**, in Heritage Hall (Bldg. 60 Cafeteria) from 10 a.m. - 1 p.m., or **June 9**, at Bldg. 212 Loading Docks, from 10 a.m. - 3:30 p.m.

Smoking Cessation Group: Make this the summer you quit smoking. The

Employee Assistance Program offers an ongoing educational support group for people who would like to be smoke-free. The group meets each Wednesday from 3-4 p.m. at the EAP office located in Bldg. 110, 1st floor, SE wing.

PTSD Support Groups: Is the quality of your life being affected by Post-Traumatic Stress Disorder? The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details. (Additional resource: Virtual PTSD Experience)

EAP Offers Grief Group: The RIA EAP is now offering a new service – Grief Group. This group discusses the latest research on bereavement and coping with loss. Topics include divorce, aging, deployment, retirement, and much more. The group meets every Wednesday from 3-4:30 p.m. at the EAP office, Bldg. 110, 1st Floor, SE Wing.

Education/Iraining Review

Army Continuing Education Services:

The Army Continuing Education



Services office, located in Bldg. 56, 1st floor, has a new Education Service Officer, Alison Hemmert. The Education Center has new hours of operation. The office is open Monday through Friday 7 a.m. – 3 p.m. If you have any questions, please feel free to contact this office at (309) 782-2065.

National Testing Center: Western Illinois University in Bldg. 56 operates the National Testing Center. The national testing center offers CLEP or DSST on-line test, with immediate results. Hours of operation are Monday through Thursday 8:30 a.m. – 3 p.m. and every other Friday. Please call (309) 558-6444 to schedule a test. Tests are free for Soldiers the first time for each test. Tests are available to civilian for an additional fee.

Defense Commissary Agency / PX

C

The Rock Island Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and

get POC information <u>HERE</u>. For information on this and other Commissaries, visit: <u>www.commissaries.com</u>

<u>Commissary Scholarship</u>: Follow the link to read more about the scholarship program at the commissary http://www.militaryscholar.org

<u>Sales Flyers</u>: Patrons can visit the <u>AAFES website</u> and sign up to receive free online sales flyers.

Arsenal Archive

Information for the *Arsenal Archive* is made available by the <u>Rock Island</u>
<u>Arsenal Museum</u>. The Museum is open Tuesday through Friday, 10 a.m. to 4 p.m. and Saturday and Sunday, Noon to 4 p.m. The museum is closed on Mondays and major holidays.

Admission is free.

This Week in Rock Island Arsenal
History – June 6-12: On June 6, 1898,
the RIA Commander received an order
to procure from private contractors
10,000 additional outfits of cavalry and
horse equipment. The Spanish-American
War had caused a critical demand for
equipment. On June 7, 1871, Gen.

Thomas Rodman, "Father of the RIA" died. He died while in the midst of completing his grand plan for the RIA. On June 8, 1871, the first iron casting made at the RIA was for the iron columns used in the construction of Shop C (Bldg. 104). General Rodman's funeral was on June 9, 1871, at the RIA. It was one of the largest funerals held in the Quad Cities. On June 11, 1907, William H. Taft, the future 27th President of the U.S., visited the RIA while serving as Secretary of War. On June 12, 1917, Congress appropriated \$1,500,000 for new proving grounds to be located on 13,000 acres of land near Savanna, Ill.

Healthbeat

Scott County Residents Encouraged to Check Measles Immunization

Status: Scott County Health Department encourages all Scott County residents to check their measles immunization status. A higher than usual number of cases have been seen in the US this year and there is now a confirmed case of measles in Dallas County, Iowa. Measles is one of the most highly contagious infectious diseases and will occasionally cause severe illness and death. (More)



<u>Island</u> Insight

Health Clinic Announcement: Sick Call Hours 7-8 a.m. Lab closed June 6-13. Clinic closed June 24 at 12 p.m. for staff meeting and training.

Notes for Veterans

Muro Sworn In as Under Secretary for VA's Memorial Affairs: Steve

Muro, a Vietnam Veteran with leadership experience at every level within the Department of Veterans Affairs (VA) National Cemetery Administration, has been sworn in as Under Secretary for Memorial Affairs. Muro has been the Acting Under Secretary for Memorial Affairs since January 2009. "Working with Steve Muro for more than two years, I know he has the vision to help transform the Department of Veterans Affairs," said Secretary of Veterans Affairs Eric K. Shinseki. "Together with the other men and women of our Cemetery Administration, he will continue working to serve those who sacrificed for our country, their families and survivors." (More)

General Allison Hickey Sworn In as Under Secretary for Benefits: Retired Brig. Gen. Allison Hickey, a 27-year

Veteran of the United States Air Force. Air National Guard, and Air Force Reserves and a graduate of the first U.S. Air Force Academy class to include women, has been sworn in as the Department of Veterans Affairs' (VA) Under Secretary for Benefits. "General Hickey is a proven leader with deep experience and passion, who is dedicated to the welfare of Veterans, their families and survivors," said Secretary of Veterans Affairs Eric K. Shinseki. "With her extensive knowledge, insight, and commitment, I am confident we will achieve the bold and comprehensive changes that will continue the transformation of the Veterans Benefits Administration into a 21st century organization." (More)

Car Pooling Announcements

Submit car pooling announcements via the <u>Island Announcements</u> page. Please use that page to contact ROCK-RIA-PA to take your announcement off once you have found a ride.

Car Pool:

Carpool: Looking for someone to carpool with from the Sterling-Rock

- Falls area, 3rd shift, 10:15 p.m.-6:15 a.m., john.b.mitchell1@us.army.mil
- ➤ <u>Carpool/Ride</u>: Looking to carpool with someone from Fulton area along Rte. 84 to Bldg. 390. Contact <u>Carole.Mitchell@us.army.mil</u> or (309) 782-1892.
- Carpool/Ride: Commuter living in downtown Davenport looking for a ride across the bridge to Bldg. 350. Employee works anytime between 6-8 a.m. Willing to pay for ample gas. POC is Tom: (563) 650-3540.
- ➤ <u>Carpool</u>: Looking to carpool with anyone from the Western Illinois University Macomb Campus for the 2010/2011 school year. Call Nicole Suthard at (815) 345-1360, nicole.suthard@us.army.mil.
- ➤ <u>Carpool</u>: Current carpool looking for additional driver/rider with reliable vehicle. Commuting from Galesburg/ surrounding areas along Interstate 74 to RIA. Contact (309) 782-5688 for details.

Around the Q.C.

<u>June 9</u>: Former Officer of STAR GATE, the Army Remote Viewing Program (6:30 p.m., Bettendorf Public Library)

June 10-11: Gumbo Ya Ya - Mardi Gras in

The District (The Distric, Rock Island)



<u>June 11</u>: <u>Susan G. Komen Quad Cities</u> Race for the Cure (iWireless Center)

June 14: Flag Day Ceremony & Celebration

(Moline Memorial Cemetery)

<u>June 15-18</u>: <u>Sturgis Mississippi River</u> <u>Motorcycle Rally</u> (Mississippi Valley Fairgrounds)

June 16-22: Quad Cities Navy Week

(throughout the QC) 4

June 17: Army 236th Birthday Ball (Waterfront Convention Center)

June 17-18: Rock The District (The District,

Rock Island)

June 17-18: Greek Cultural Festival

(Assumption Greek Orthodox Church, East Moline)

<u>June 18</u>: <u>Juneteenth</u> (LeClaire Park, Davenport)

June 18: 12th Annual Quad Cities Triathlon

(West lake Park, Davenport)

June 18: Healthy Living Fair (Next to the downtown Davenport Freight House Farmer's Market)

<u>June 18-19</u>: <u>Quad City Air Show</u> (Davenport Municipal Airport)

June 19: Ride the River

June 21: Midwest League All-Star Game

(Modern Woodman Park)

June 22-25: Quad City Senior Olympics

(Augustana College, Rock Island)

June 26: 5th Annual Car Show & Hennepin Hustle 5K Fun Run/Walk (Colona, III.)

June 26: QC Jewish Feast-ival (Tri-City

Jewish Center, Rock Island)

June 26: Blossoms at Butterworth (Moline)

June 28: Soldiers Show (Adler Theatre, Davenport)

July 1-3: IH Mississippi Valley Blues Festival (LeClaire Park, Davenport)

July 2: Red, White, and Boom (Rock Island

& Davenport)

July 4: 28th Annual Genesis Firecracker Run (East Moline)

<u>July 4-10</u>: <u>John Deere Classic PGA Tour</u> (TPC Deere Run, Silvis)

<u>July 6</u>: <u>John Deere Classic Pro Exhibition</u> (Arsenal Island Golf Course)

<u>July 9-10</u>: <u>Village Summer Stroll</u> (Village of East Davenport)

July 11: Rhythm's Along The River (Brady Street Stadium, Davenport)

July 17: Classic Car Show (Village of East Davenport)

July 19-24: Rock Island County Fair (East Moline)

<u>July 21</u>: Family and MWR Employee
Appreciation Day (Memorial Park & Field)

<u>July 21</u>: <u>First Army "Uncasing of the Colors"</u> (Location TBD)

<u>July 21-24</u>: <u>Train Festival 2011</u> (Schwiebert Riverfront Park, Rock Island)

<u>June 23</u>: <u>Rock Island District, Corps of Engineers' Corps Day</u> (Memorial Field)

July 29-30: 40th Annual Wells Fargo Street

Fest (Downtown Davenport)

July 30: RAGBRAI Ends in Davenport (Downtown Davenport)

<u>July 30</u>: 37th Annual Quad-City Times Bix 7 (LeClaire Park, Davenport)

Aug. 2-7: The Great Mississippi Valley Fair (Mississippi Valley Fairgrounds)

Aug. 4: RIA-JMTC Industry Day (Rock Island Arsenal)

<u>Aug. 4-7</u>: <u>Bix Beiderbecke Jazz Festival</u> (Hotel Blackhawk, Davenport)

Aug. 6: Crime Stoppers 5K Run (Moline)

Aug. 7: Heartland British Auto Fest (Village of East Davenport)

Aug. 11-13: 25th Annual Great River Tug Fest (Port Byron, Ill. & LeClaire, Iowa)

Aug. 12-13: Ya Maka My Weekend (The

District, Rock Island)

Aug. 14-20: International Softball Congress
World Fastball Tournament (Greenvalley
Complex, Moline)

Aug. 19-20: River Roots Live (LeClaire

Park, Davenport)

<u>Aug. 20</u>: <u>Floatzilla</u> (Sunset Marina, Rock Island)

Aug. 25-28: World Series of Dragracing

(Cordova Dragway)

Aug. 26-28: All Era Veterans Healing Field of the Quad Cities (Davenport Memorial Park Cemetery)

Aug. 27: Quad Cities Irish Festival (Downtown Rock Island)

Aug. 27: Silvis Family Run (Silvis, III.)
Sept. 3-4: 17th Annual Rock Island Grand

<u>Prix</u> (The District, Rock Island) **Sept. 5**: Run with Carl (Bettendorf)

Sept. 10-11: Beaux Arts Festival (Figge Plaza, Davenport)

Plaza, Davenpoπ) **Sent 10**: ¡Viva Quad (

Sept. 10: ¡Viva Quad Cities! (Bass Street Landing)

<u>Sept. 10</u>: <u>Run for ¡VIVA!</u> (Bass Street Landing, Moline)

Sept. 10: Quad-City Symphony Riverfront Pops (LeClaire Park, Davenport)

Sept. 17: WQPT Brew-HaHa (LeClaire Park, Davenport)

Sept. 17: Celtic Highland Games of the Quad Cities (Centennial Park, Davenport)

Sept. 17: Taming of the Slough (Sylvan

Slough & Island)

Sept. 17: VanderVeer Park Fall Festival

(VanderVeer Park, Davenport)

Sept. 17-18: Riverssance Festival of Fine

Art (Lindsay Park, Davenport)

Sept. 23-25: Hot Air Balloon Festival

(Kennedy Square, East Moline)

Sept. 24-25: Quad Cities Kite & Family Fun

Festival (Centennial Park, Davenport)



Sept. 25: Quad Cities Marathon & Festival (John Deere Commons, Moline)

Sept. 25: QC Marathon (Downtown Moline)

Oct. 8-9: Four Kingdoms Renaissance & Pirate Fest (Camelot KOA Campgrounds, Rock Island)

Oct. 8: Killer Bee (St. Ambrose Campus, Davenport)

Oct. 9: Mississippi Valley Welcome Center's Apple Festival (LeClaire)

Oct. 23: CBRC Pumpkin Dash (Credit Island, Davenport)

Oct. 27: Fright Night (The District)

Oct. 29: Witches Walk (LeClaire, Iowa)

Nov. 12: Hawk Hustle (BlackHawk College, Moline)

Nov. 18-27: Quad City Arts Festival of Trees (RiverCenter, Davenport)

Nov. 19: Festival of Trees Parade

(Downtown Davenport)

Nov. 19: Lighting on the John Deere Commons (Moline)

Nov. 19: Holiday Pops Concert (Downtown Moline)

Nov. 24: 25th Annual Scott County Y Turkey
Trot (Downtown YMCA, Davenport)

Sept. 7-16, 2012: East West Riverfest

Island Insight

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Joel Himsl, Garrison Manager; Eric Cramer, Public Affairs Officer; Mark Kane, Editor

The Army publication, Island Insight, is an



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